

## About Sight and Smile Centre

Sight and Smile Centre is a state-of-the-art eye and dental care facility established in 2008 in the heart of the Indian capital, New Delhi with the aim of providing world-class healthcare services at affordable costs to all sections of society. Located in Central Delhi, 100 metres from the Patel Nagar Metro station (on the blue line of the Delhi Metro transit system), the facility is also easily approachable by road. Vehicle parking facility is available. Spread over an area of 7200 sq ft, the centre is fully air-conditioned and has an elevator facility for patient convenience. It complies with all fire safety regulations. The comforting ambience, the warm atmosphere and cleanliness make it stand apart. Medical records of patients are maintained for future reference. The facility prides itself in having a fully-equipped ultra-modern eye operation theatre, which is one of the largest in the city. The centre is registered with the Directorate of Health, Govt. of NCT of Delhi and functions from 9 am to 9 pm (Monday - Saturday). Emergency services can be availed round-the-clock. Dr. Pankaj Malik heads the eye department while Dr. Jyoti Malik heads the dental department. It is our constant endeavour to provide such preventive and restorative services to patients that they have the best of sight and smile.



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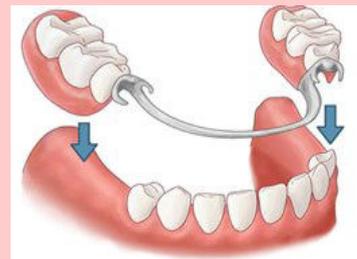
## DENTURES

Prosthetic precision just for you!



Complete denture

Partial denture



## What is a denture?

Denture is a prosthetic device that serves as a replacement for missing teeth. A conventional denture can be removed and put back in the mouth.

## How does a denture maintain its position in the mouth?

The replacement teeth are attached to a pink-coloured plastic base, which in turn is connected to a metal framework that provides a scaffolding. The scaffolding **takes the support of the surrounding soft and hard tissues of the oral cavity to maintain position**.

## When can a denture be fashioned?

A denture can be fashioned after complete gum healing has taken place following tooth extractions, a period usually taking 8-12 weeks. During this interim period, a temporary denture can be provided for patient comfort with the knowledge that it will be replaced with a permanent denture in due course.

## Types of dentures

- ♦ **Complete:** A complete denture is fashioned when all the teeth of a single arch are missing.
- ♦ **Partial (RPD):** It is fashioned when some normal natural teeth still remain in a particular arch. A partial denture fills in the spaces created by missing teeth. It is distinct from a bridge in that it does not take the support of adjacent teeth but of the surrounding tissues of the oral cavity to maintain its position. It also prevents the remaining natural teeth from misaligning.

## Special types of dentures

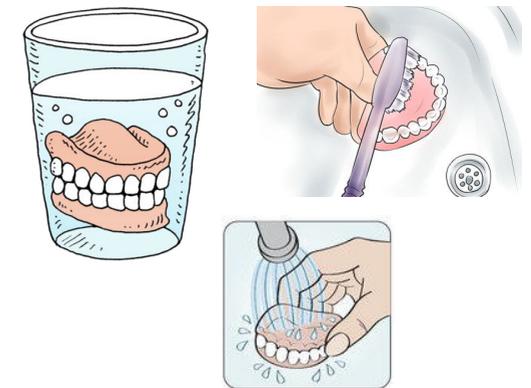
- ♦ **Fixed (Implant-supported):** These offer an excellent option in cases where teeth have been lost for a long time and bone loss has occurred.
- ♦ **Flexible:** These dentures employ a special biocompatible flexible resin that provides a soft base. This prevents gums from becoming sore on regular denture use. The flexibility attained makes chewing easier. Since the resin is translucent, the denture is difficult to detect and gives a more natural appearance.

## Common problems encountered with dentures

- Denture not fitting correctly.
- Chewing difficulty.
- Undesirable sounds and speech problems.
- Lack of suction.
- Sore spots in the mouth.

## Tips for denture care

- Since dentures are delicate and can break if dropped, keep a folded towel below the mouth level while removing the dentures.
- Dentures should not be allowed to dry out. Keep the dentures immersed in cool, plain water when not using them.
- Dentures should be brushed daily as one would brush the normal teeth. This removes the food particles, bacteria and stains from the denture and prevents periodontal disease.  
*Remember: Periodontal disease can hamper the wearing of dentures.*
- Maintain oral hygiene by brushing the gums with a soft-bristled brush and cleaning the tongue daily before wearing the dentures.
- If the denture breaks, chips, cracks or becomes loose, do not attempt to adjust it yourself as it may be damaged beyond repair. Bring it to the dentist immediately.



Denture care